

Life Group Lesson: May 3, 2020 – “Loved”

OPEN: Is there any part of our current new normal that you surprisingly like?

Ephesians 3:14-21 (NIV)

¹⁴For this reason I kneel before the Father, ¹⁵from whom every family in heaven and on earth derives its name. ¹⁶I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, ¹⁷so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, ¹⁸may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, ¹⁹and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.

²⁰Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, ²¹to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.

DIG: Read Ephesians 3:14-21

- What is the connection between Ephesians 3:14 and 3:1? How are they tied together?
- Is there any difference between receiving power through his Spirit and Christ dwelling in our hearts? (3:16-17)
- What language does Paul use to describe God's love for us?
- What does the phrase “glory in the church and in Christ Jesus” mean?

REFLECT

- When you hear the words “God loves me,” your first thought is:
 - Of course, he does
 - I don't know about that
 - He might, but others would not if they really knew me
 - He may love me, but I am pretty sure he does not like me
 - Other
- In what kind of soil did you grow up in?
- If you were to pray this prayer each week over yourself, which part would you need to listen to the most?
- What has been the highlight of the past week?
- What was the low point of the past week?

PRAYER TIME: Father, we kneel before your throne, basking in the glow of your love and asking that you give us the promised power that is ours through Jesus, in whose name we pray, Amen.